CSM 2015

You've done a great job: How to retire from academia and maintain your identity

Learning Objectives: After participating in this session audience members should be able to:

1. Understand how to start planning for retirement from academia
2. Identify the challenges of retirement and why people prolong the decision
3. Understand various retirement pathways from academia
4. Recognize options for staying involved with the PT profession following retirement
5. Identify strategies for creating a retirement plan.

Facilitators:

Roberta OShea PT, DPT, PhD, Professor, Governors State University, University Park, Il.

Lisa Chiarello: PT, PhD, PCS, Professor, Physical Therapy and Rehabilitation Sciences, Drexel University, Philadelphia, PA

Presenters:

Benjamin Massey, PT, Executive Director of the North Carolina Board of Physical Therapy Examiners in Durham, North Carolina

Susan Harris: PT, PhD, FAPTA

Russ Carter PT, EdD, Professor Emerita, Department of Physical Therapy at Governors State University

Suzann Campbell PT, PhD, FAPTA, Professor Emerita, Department of Physical Therapy, University of Illinois at Chicago

Nancy Byl PT, PhD FAPTA, Professor Emerita, Department of Physical Therapy and Rehabilitation Science, University of California, San Francisco

Ann Van Sant PT, PhD, FAPTA, Professor Emerita, Department of Physical Therapy, Temple University

Shirley Sahrmann PT, PhD, FAPTA, Professor of Physical Therapy, Washington University School of Medicine in St. Louis

Outline:

Creating an exit plan and staying involved as a PT
Executing an early academic retirement plan

Individual unique retirement journeys

General References:


Early Retirement References and Web Addresses

Susan Harris - Section on Education Panel on Retirement – February 5, 2015

4 Advantages and 4 Disadvantages of Early Retirement:
http://steadfastfinances.com/blog/2012/07/30/4-advantages-and-4-disadvantages-of-early-retirement/

Forbes. Want to Retire Early? 5 Challenges to Overcome:


Goodwin, Marta. A retiring personality. Unpublished essay. Available from Susan Harris:
susan.harris@ubc.ca

http://blogs.lse.ac.uk/impactofsocialsciences/2012/10/23/hartley-retired-academics-contributions/

http://www.theguardian.com/higher-education-network/blog/2011/aug/03/early-retirement-academia-breaking-away


TIAA/CREF. Nearing retirement but don’t feel financially ready? Five steps to take. https://www.tiaa-cref.org/public/advice-guidance/education/saving-for-retirement/basics/financially-ready-for-retirement